



Your Favorite Facebook-Famous Makeup Brand Has Launched a Liquid Lipstick



Sarah Jessica Parker Reveals That a *Third Sex* and *the City* Movie Is "Nearby"



Michelle Obama's Final State Dinner Calls for Rose Gold Atelier Versace



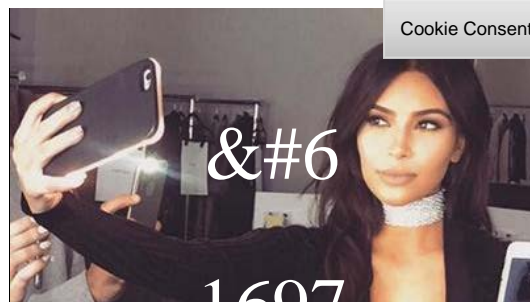
Adele's Partner Replaces Her Concert Confetti with Love Notes for Their Anniversary

Home > Beauty > Kate Hudson LED Light Therapy Face Mask — Kate Hudson Beauty Routine

MIMI

Kate Hudson Has Officially Turned Snapchat Into a Face Mask Spa

THE LATEST IN VIDEO



Kim Kardashian's Hottest Instagram Selfies

[SEE MORE VIDEOS](#)

MORE BEAUTY



JON KOPALOFF/FILMMAGIC

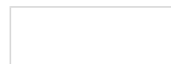
70 SHARES

MAY 25, 2016 @ 1:45 PM
BY: DOBRINA ZHEKOVA

When it comes to beauty, Kate Hudson is *not* fooling around. The actress is courageously trying treatments and gadgets that some people would be even afraid to approach and documenting her experiences on Snapchat. And for that, Kate, we thank you.

Yesterday, she introduced us to a pair of very **high-tech under-eye patches** that she swear work miracles. Full disclosure though — apparently, they also hurt like hell.

ADVERTISING



OCT 23, 2016 @ 9:00 AM
The 10 Top-Selling Natural Beauty Products at Credo Beauty



OCT 22, 2016 @ 4:30 PM
This Is the Real Difference Between Skin Brightening and Skin Lightening

FROM PARTNER WWW3.HILTON.COM
Book direct and save!

[SEE ALL LATEST NEWS](#)

SPONSORED STORIES

by Outbrain



READ MORE ON ESPN F1
Merc breaks curfew to work on Hamilton's car



READ MORE ON DAILY SPIKES
12 Makeup Tips All Older Women Should Know

READ MORE ON HOLLYWOODREPORTER.COM
15 Times Melania Trump



Dressed Like a First Lady



READ MORE ON ABOUT.COM
10 Style Errors That Make You
Look Older

Powered By ZergNet

inRead invented by Teads

Today, she's back at it with a LED light face mask. **The treatment** is said to boost collagen production and prevent breakouts, which is something we can definitely get behind. Any face mask that promises a bid farewell to zits, we're interested in investigating.

RELATED: Want Glowing Skin Like Kate Winslet? Get All the Details On Her Favorite Facial Treatment



Snapchat

In all fairness, we have to say that Hudson is not the first celebrity to try the LED facial. Last year, **Jessica Alba** put the fancy (and also kind of scary-looking) machine on our radars that has since been adopted by stars like Kourtney Kardashian and Chrissy Teigen.

With all these high-tech treatments, no wonder Kate Hudson's skin is #flawless.

POSTED IN: **BEAUTY, CELEBRITY, FACE, KATE HUDSON, MIMI, SKIN**

Sponsored Stories

Recommended by **Outbrain**



READ MORE ON J. CREW
Get your best haircut yet with these tips from Fellow...



READ MORE ON DAILY SPIKES
20 Chic Bob Haircuts for Women Over 40



READ MORE ON WUNDERLIFT ON HEALTH & STYLE MAGAZINE
A new product tackles Wrinkles and Crows feet. Sells...



READ MORE ON DAILY SPIKES
Modern Hairstyles for Women Over 50



READ MORE ON LEGIT FEED
12 Hairstyles That Will Knock 10 Years Off Your Age



READ MORE ON WUNDERBROW ON HEALTH&STYLE
Everyone Wants Perfect Brows – Here's How to Get Them

More From InStyle



Cindy Crawford and Lori Loughlin Adorably Shake Their...

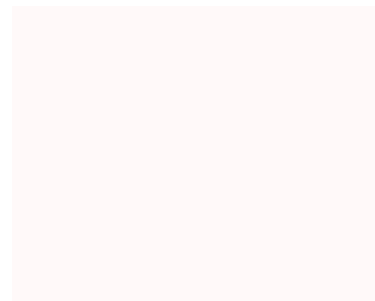
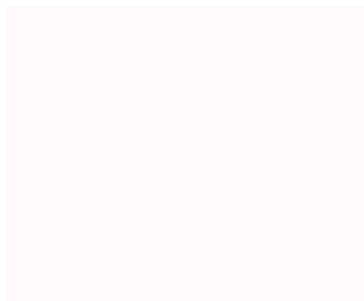
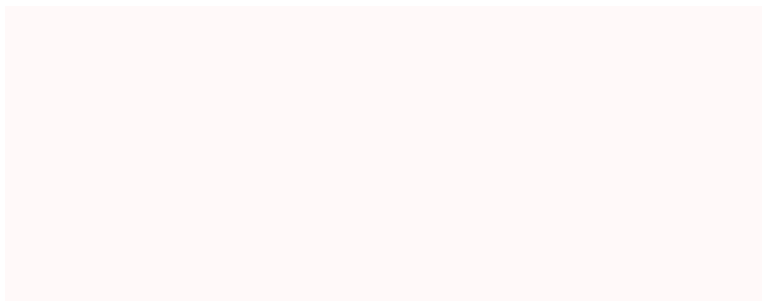


The 7 Fashion Items Missing from Your Fall Wardrobe



Amal Clooney Wows in Flowing Jumpsuit While Visiting...

The Latest in Beauty





SKIN

OCT 21, 2016 @ 3:30 PM

This Ingredient Could Be the Answer to Your Skincare Woes

110 SHARES



HEALTH & FITNESS

OCT 21, 2016 @ 12:15 PM

Kourtney Kardashian Adds WHAT to Her Smoothies?!

113 SHARES



MAKEUP

OCT 21, 2016 @ 11:15 AM

Yep, a Hello Kitty x ColourPop Collab Is Happening

87 SHARES

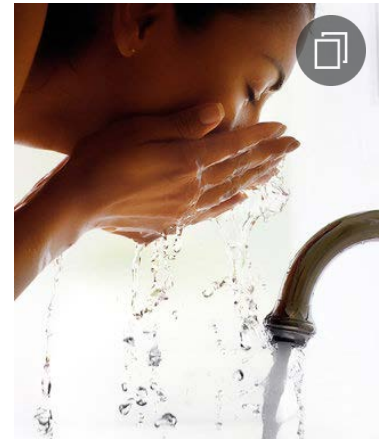


SKIN

OCT 21, 2016 @ 10:00 AM

The Deal on Acne-Fighting LED Beauty Tools

48 SHARES



SKIN

OCT 20, 2016 @ 8:00 PM

Cleansing Bars You Should Get Into ASAP

34 SHARES

Subscribe to InStyle today!
for as low as



\$1 an issue!

St/Pr

InStyle.com

- [HOME](#)
- [FASHION](#)
- [CELEBRITY](#)
- [HAIR](#)
- [BEAUTY](#)
- [WHAT'S RIGHT NOW](#)
- [LOOK OF THE DAY](#)
- [HOLLYWOOD MAKEOVER](#)
- [INSIDE INSTYLE](#)

Help & Information

- [SUBSCRIBE](#)
- [GIVE A GIFT](#)
- [CUSTOMER SERVICE](#)
- [CONTACT US](#)
- [HELP](#)
- [CAREERS](#)
- [SITEMAP](#)
- [PRIVACY POLICY](#)
- [TERMS OF SERVICE](#)
- [YOUR CALIFORNIA PRIVACY RIGHTS](#)
- [AD CHOICES !\[\]\(67ff022fd78f943b679992c2874bbfd1_img.jpg\)](#)
- [ADVERTISING](#)

Newsletters & Special Offers

- [LOOK OF THE DAY](#)
- [BEAUTY REPORT](#)
- [WHAT'S RIGHT NOW](#)
- [INSTYLE THIS WEEK](#)
- [INSTYLE WEDDINGS](#)
- [THE SCOOP](#)

InStyle Digital

- [RSS FEEDS](#)

b w g p T y #

ALL PRODUCTS FEATURED WERE EDITORIALY SELECTED. INSTYLE MAY RECEIVE A PERCENTAGE OF SALES FOR ITEMS PURCHASED FROM THESE LINKS.

INSTYLE.COM IS PART OF THE TIME INC. STYLE COLL AND THE TIME INC. LIFESTYLE NETWORK. COPYRIGHT TIME INC. INSTYLE IS A REGISTERED TRADEMARK OF TIME INC. ALL RIGHTS RESERVED.

