

STYLISH

Kourtney Kardashian Shows Off Bizarre-Looking At-Home LED Therapy Face Mask: See the Pic

March 4, 2016 @ 3:14 PM By [Rachel Torgerson](#)



Kourtney Kardashian, is that you? The mom of three, 36, [posted a picture](#) to Instagram of herself wearing a futuristic light mask on Wednesday, March 2.

PHOTOS: [Kourtney Kardashian's Body Evolution](#) »

Turns out, Kardashian was doing an at-home LED-therapy session with a not-yet-for-sale facial mask. The item is part of an upcoming product launch available to celebrity aesthetician [Shani Darden's](#) clients.

Darden, whose list of [clients also includes Jessica Alba](#), uses different colors of LED light as part of the final stage in her signature facials. "The [red] light helps to reduce fine lines [and] wrinkles and boosts collagen in the skin," the aesthetician tells

Us Weekly of the product, which costs \$2,200. "It also has blue light, which kills acne bacteria."



Kourtney Kardashian *Credit: Jason Merritt/Getty Images*

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Doing the treatment home is convenient, though [in-spa versions are more intense](#). (A custom one-hour session will set you back \$300). "The at-home one is not as strong as the professional version," Darden says, "but [this product is] very effective."

One of the benefits of the treatment is its ability to act almost immediately. "LED facials are great to get right before events because they do a fantastic job at taming breakouts and giving the face a radiant glow," Darden previously told Us Weekly.