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Is This Portable LED Mask Your New On-The-Go Facialist?



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by KARI MOLVAR

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The recent boom in high-tech beauty gadgetry has made it possible to turn your bathroom into a sci-fi playground, complete with handheld lasers to zap unwanted hair and pocket-size micro-current wands to tone facial muscles. But a new device—spotted inside the Upper West Side spa of the Manhattan facialist **Georgia Louise** this month and worn by **Katy Perry** in a recent post on her [Phhphoto](#) account (below)—is taking the concept to a whole new level.



Photo: Courtesy of Katy Perry

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Designed to fit over your face like a futuristic hockey mask, the Deesse Spectrum apparatus is a gleaming white contraption outfitted with dozens of tiny bulbs that emit various forms of professional-strength LED light to boost targeted responses within the skin. “It’s seriously *fantastic*,” says Louise on a recent Friday afternoon, zipping around inside the wood-paneled spa where she regularly uses it as part of the protocol in her custom facials. Mode 1 sends out 630 nanometers of red light to stimulate collagen and break up hyper-pigmentation, she explains, while mode 2 delivers 415 nanometers of blue light to kill acne-causing bacteria and reduce inflammation. Mode 3 bathes your complexion in both red and blue lights, along with a combined pinkish beam that increases circulation and promotes wound healing (ideal, say, after a procedure at the dermatologist’s office, or simply as relief for accidental sunburn). To intensify the transformation, small patches can be attached to the neck to tone and tighten the muscles simultaneously with low frequency energy, resulting in a subtle lift.

By effectively fighting wrinkles, dark spots, acne, and redness all at once, the supercharged mask—which hails from Korea—is super efficient, says Louise, who discovered it while attending a skin care convention with clients (and friends) **Linda Evangelista** and **Gucci Westman** earlier this spring. “Now we’re all obsessed with it!” she admits. And while the mask is typically only available through professional channels, Louise will dispense it to clients under her supervision. Not surprisingly, it commands a steep price—\$2,900 to be exact. Although considering how often you’re meant to use it, its cost-ratio value may be roughly comparable to investing in one perfect hold-everything handbag for fall.

“I recommend doing three or four 20-minute sessions a week—not every day,” says Louise. First, she advises applying cleansers, lotions, and serums tailored to your skin’s needs “since the light will help them penetrate deeply,” she says. (Among her favorite prep products: Biologique Recherche’s exfoliating Lotion 50, repairing Sérum Placenta, and vitamin-rich Sérum Amniotique E). Although an immediate glow is noticeable after one session, Louise says six treatments provide the ultimate, youth-enhancing boost.

Westman, for one, is quick to agree—the Spectrum was her secret weapon for this year’s Met Ball. “I used it for two weeks beforehand,” she reveals. “It totally cleared up the redness I had from traveling, and I’ve never gotten more compliments on my skin.” Indeed, the portability factor is a distinguishing feature, since the featherlight mask and digital controller can easily be tucked into a carry-on or suitcase (“It weighs less than a pair of Jimmy Choos,” Louise says).

In fact, Louise says her clients often use their 20-minute sessions as a form of meditative therapy. “Linda watches TV while wearing her mask,” Louise says. “And I think Gucci chops onions.”

DEESSE Spectrum Mask, \$2,900; Georgia Louise Atelier, NYC, 347.703.2726

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