



Highbrow





the \$2,200 light mask that changes your skin

REVIEWS
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ill be honest, half the fun of having my [Deesse Light Mask](#) [pictured above] is using it around other people. Case and point, last week in New York for fashion week, I ordered some tea after a particularly lengthy night out, and while I waited, plopped on the hotel bed wearing what I affectionately call my [Jason Voorhees mask](#), figuring I should do something semi-productive while I watched reruns of *Law & Order SVU*. Not only did I manage to terrify my friend staying with me when she came out of the bathroom from her shower (sorry, E!) but I'm pretty sure I scarred the poor food deliverer for life based on the fact he nearly dropped my tea when he walked into our room. But no one spends \$1,800 on a Face Mask just to see the funny reactions it elicits (they are *priceless*, though), and if I were ever asked to give away all but one of my beauty products, my LED Light Mask would 100% be the only one make it out alive.

By now, you've probably seen a multitude of celebrities wearing what's formally known as the **Deesse LED Light Mask** on Snapchat and Instagram, and if you haven't, please refer to the social accounts of Chrissy Teigen, Kourtney Kardashian, Jessica Alba, Kate Hudson, Jenna Dewan-Tatum, Shay Mitchell, Rosie Huntington-Whiteley... you get the idea. *But what is this colorful, futuristic contraption?* you're probably wondering, and lucky for you, I bought my mask directly from the vendor who makes them in South Korea, so I've got answers!

What does the mask do?

The mask is powered by UV-free LED Lights, which come in various wavelengths to target specific skin issues. Each wavelength is perceived by the eye as a different color: blue, which treats acne, red, which treats wrinkles, and pink, which speeds healing. As you wear the mask, the lights penetrate the skin, treating each skin concern from the inside, out. On the Deesse, the mask I have, you can use either the blue or red alone, or a combination of blue, red and pink that alternate every few minutes, (I always do the latter).

Does it work?

In a word, yes. In more words, it's a godsend. You can read celebrity testimony plastered all over the internet, but personally, it has been the only thing I've used that's virtually eliminated my breakouts, healed scars and lessened the fine lines I swear exist around my eyes. I've tried almost every acne and scar fading product on the market, none of which worked as well or as quickly as my Deesee. But...

How often do you have to use it?

A lot. I use it five nights a week, and if I forget or stop for an extended period of time, my skin feels like it's reverting to it's old self after about a week. It's a commitment, just like any other skin product, but if you're willing to invest your hard earned cashish, you should want to use it, anyway. I should mention it's very

relaxing, almost reminiscent of sitting on a beach, without the sun damage or dangerous radiation, so it doesn't feel like a chore.

Can't I just go to my facialist instead of buying my own?

You could, but you'd have to see your facialist weekly to see even minimal results, and honestly, if you're not using the mask *at least* few times a week, the results aren't going to be worth what you're spending to see your facialist. Also, you could probably buy one after a few months of getting weekly facials.

I can't swing \$1,800, but I want in on LED!

I totally get it, and so did LightStim- one of the at-home LED Pioneers and a favorite of estheticians and plastic surgeons alike- so they created **this little handheld guy** just for you, which treats either **acne** or **aging**. Since you're saving so much on cost, the sacrifice with this one is time: it only covers about a fist-size of skin, so you'll be doing multiple three-minute sessions for each area you want to target. My friends that use this handheld device say it takes about 25 minutes to do your whole face, which comes out to about the same total time as the mask, but your not getting your whole face for the full time, just bits and pieces. If you're someone who just has a few problem areas, this might work better for you, anyway; it all depends what your priorities are.

Whichever route you choose, expect amazing results and enthusiastic compliments after a few uses. LED Lights are the way, the truth and the **literal** light you guys, so do your best to get in on this sooner rather than later.

Credits

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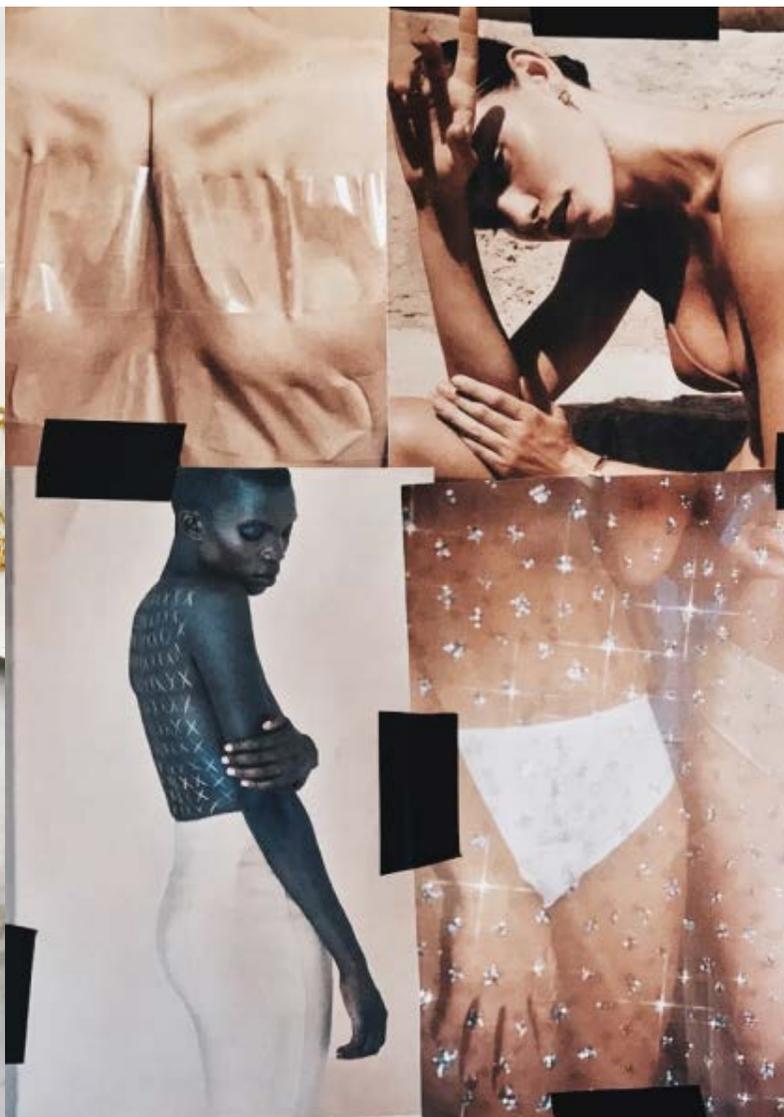
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